

Sustainability by Carole Bamford

As a pioneer of sustainable living, Carole has spent 40 years championing the use of locally and ethically sourced materials in beauty and fashion

The foundation

1. Kjaer Weis Cream Foundation, £51

Kjaer Weis has an affinity with nature that is very much aligned with my own work and ethos. Plus, it champions sustainability – the beautiful refillable packaging has really won me over. cultbeauty.co.uk

The shampoo

2. Davines Naturaltech Calming Shampoo, £21.80

Davines takes sustainability to the masses, making products for professional and consumer use. This eco-conscious shampoo is soothing on my sensitive scalp. lookfantastic.com

The SPF

3. REN Clean Screen Mineral SPF 30, £30

REN was one of the first premium skincare brands to use reclaimed ocean plastic. I often take my family to the beach, where we'll spend part of our day roaming the shore to collect plastic. renskincare.com

The blush

4. Chantecaille Cheek Shade – Elephant (Smitten), £35

Chantecaille is always creating collections to support good causes. This blush aids the David Sheldrick Wildlife Trust to protect elephants – something I'm really passionate about. net-a-porter.com

The cleanser

5. Tata Harper Nourishing Oil Cleanser, £71

Tata Harper products are 100 per cent natural, non-toxic and free from artificial colours or fragrances. After using the cleanser, my dry skin is radiant. cultbeauty.co.uk

The all-rounder

6. Neal's Yard Remedies Wild Rose Beauty Balm, £40

Neal's Yard takes all of the product's lifecycle into account: from its ingredients to how the production process will affect our environment. This balm is a sustainable classic. nealsyardremedies.com

The face oil

7. Votary Super Boost Night Drops, £95

My grandmother often used rosehip syrup to heal our scrapes. To this day, I am a huge believer in using plants over chemicals, and this is at the heart of Votary's products. This rich oil soothes and hydrates my skin. votary.co.uk

The soak

8. Susanne Kaufmann Oil Bath for the Senses, £25

This blend of lavender and patchouli smells wonderful. The brand is very careful to source its ingredients locally and all the packaging is recyclable. cultbeauty.co.uk

The scent

9. Sana Jardin Jaipur Chant Eau de Parfum, £180 for 100ml

I am a big admirer of Sana Jardin's scheme to mentor and empower the female harvesters who hand-pick jasmine for this fragrance. This scent feels elegant and exotic. libertylondon.com

The mask

10. Seed to Skin The Black Magic Mask, £119

One criticism of natural beauty products is that sometimes they're not potent enough, but this luxurious volcanic clay works superbly. libertylondon.com

